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## DIRECTORATE SERVICE TEAM OLDER PEOPLE'S MENTAL HEALTH

**Minutes of the meeting  
held on  
27<sup>th</sup> November 2006  
Tom Rudd Unit, Seminar Room  
1.30 – 4.00pm**

**Present:** Vicky Banks, Katherine Barbour, Debbie Denyer, Tracey Eddy, Gwyn Grout, Ann Marshall, Jane Nicholas, Kevin Page, Caroline Pullen, Claire Simpson, Martin Robinson, Alison Thompson, Judith Kerr, Chris Martin, Sandy Whittaker, David Wilkinson (Chair), Rosie Luszkat, Angela O'Brien, Martin Le Good

**Apologies:** Sara Owen, Sue Nattrass, Catherine Pascoe, Martin Brown

**In attendance:** Val Woods (minutes)

**Guest speakers:** Alex Kelly

<u>Item</u>		<u>Action</u>
1/50	Apologies were received as above.	
2/50	Declaration of any other business: <ul style="list-style-type: none"> <li>➤ Dementia Guideline – Martin Robinson</li> <li>➤ Capacity Act – Gwyn Grout</li> <li>➤ Annual review – Katherine Barbour</li> </ul>	
3/50	Minutes of the last meeting were agreed. Matters arising: - <ul style="list-style-type: none"> <li>➤ 7/49 – Better Information Group. Alison Thompson is continuing to get leaflets back.</li> <li>➤ 8/49 – Green medicines card - Martin Robinson has received the cards for Claire Simpson.</li> </ul>	
4/50	<p><b>Findings re SALT provision in OPMH</b></p> <p>Alex Kelly the Trust Lead for Speech and Language reported back to the members her findings on the exercise she undertook, on behalf of Martin Barkley, which was to look at the need for SLT. In order to assess the current risks within HPT 30 inpatients were screened for evidence of dysphagia, 150 questionnaires were sent to staff to assess awareness and knowledge of dysphagia and 19 staff were interviewed. Using evidence from literature and key findings from the above, the following 9 risks were highlighted:</p> <ol style="list-style-type: none"> <li>1. Death due to malnutrition, choking and aspiration pneumonia.</li> <li>2. Perpetuation of inappropriate/harmful practice.</li> <li>3. Unnecessary admission and readmission to hospital and residential/nursing care.</li> <li>4. Decrease in level of independence.</li> <li>5. Decrease in quality of life for both the person and their carers.</li> </ol>	

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<u>Item</u>		<u>Action</u>
4/50 cont'd	<p>5a. A loss of relationships and an increase in social exclusion.</p> <p>6. Perpetuation of the current postcode lottery re access to SALT.</p> <p>7. Reduced benefit from interventions from other professionals and a delay in diagnosis and/or incorrect diagnosis.</p> <p>8. Hampshire Partnership Trust will not be able to meet the NICE clinical guideline.</p> <p>The report advised on the benefits of providing a speech and language therapy service and also provided options for addressing the risks. (A copy of the report is obtainable from Val Woods, Martin Robinson's P.A.).</p> <p>Martin Robinson said that we will look at current SLA's to see if funding is being provided for this work. David Wilkinson said that if this work was considered an important facility then funding should be found.</p> <p>David Wilkinson thanked Alex for the work she had undertaken and for returning to DST to report on her findings. It was agreed that this was a good piece of work.</p>	
5/50	<p><u>CBT Strategy Development Group</u></p> <p>Gwyn Grout advised that this group, of which both she and Viv Isaac are members, has been formed because there seems to be so many little groups doing similar things which is a bit disconcerting. Similar work is being undertaken by Valerie Rezin and Gwyn will contact her about duplication of work. Gwyn advised that a large scoping exercise from which a strategy will come about to land on the Locality Managers desk. If we are to become NICE compliant there may be some issues that need addressing. We need to decide who it will be effective for and it's effectiveness. Vicky Banks asked Gwyn Grout to look at GP links with CBT and whether it is offered to the over 65 group.</p> <p>Gwyn would like to bring back to DST in January.</p>	GG
6/50	<p><u>CHOICE</u></p> <p>Katherine Barbour advised that within OPMH we are trying to include CHOICE within the user/carer workplan and these are indicated in the plan by the letter c. This will include:</p> <p>Item 1 – Pilot the Expert Patient Programme in one area</p> <p>Item 4 – Introduction of advance directives – work is in progress but needs to be compliant with the Mental Capacity Act.</p> <p>Item 5 – Provision of information to Users and Carers – work is going very well. Katherine asked that a quality check be undertaken re leaflets to ensure that it includes CHOICE. Alison Thompson advised that this will be looked at in more detail in the next tranche.</p> <p>Item 9 – Giving patients viable alternatives to hospital admission when acutely well. Vicky Banks and Katherine Barbour are involved in a pilot which is very much about giving CHOICE. So far it is going quite</p>	

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<u>Item</u>		<u>Action</u>
6/50 cont'd	<p>well, some have been admitted, some kept at home. It is real CHOICE and made at the time of the assessment. It was agreed that this should be discussed in more detail at the February 2007 DST.</p> <p>Attached at the rear of the workplan is the action plan following the National Survey.</p> <p>Any comments on the workplan should be forwarded to Katherine.</p>	VW
7/50	<p><u>User Consultant Job Description</u> Katherine Barbour thanked the members who had provided comments on this job description. She has tried to incorporate those comments and would like to finalise if possible at this meeting. It has been discussed with PALs who are happy with it and Martin Robinson has allocated funding. Katherine is planning to advertise in January and feels that the only way to attract applicants is if practitioners discuss with those they feel might be appropriate but specify that they will be competing for the post. Martin Robinson will pick up the point of salary at TMT. Katherine will update and then email out to DST &amp; DMT.</p>	MR KB
8/50	<p><u>Dementia Protocol</u> Gwyn Grout has been asked to write a dementia pathway for the Trust. She asked if people could forward any pathways into their services to her, which should include information on how people access services and also the discharge process. Martin Robinson advised that the idea is to be able to assess the services against what an agreed process/standard and be clear with commissioners as to what they are commissioning. Gwyn Grout will bring back to next DST.</p>	GG
9/50	<p><u>OPMH Strategy</u> Martin Robinson has not yet received comments back from Martin Barkley. Thanks to those who have already emailed their comments which have been mixed. Martin will rewrite the document slightly to incorporate comments so far and reissue for final comments.</p>	MR
10/50	<p><u>NICE Guidance</u> There is a meeting scheduled next week to look at Treatment Protocols Hampshire wide to try to reach consensus agreement. It will be taken to Medicines Management Committee for agreement and then the District Prescribing Committee. Once the first meeting has occurred we will look at the information to identify if there is any impact on Memory treatment.</p>	
11/50	<p><u>Any Other Business</u></p> <ul style="list-style-type: none"> <li>➤ Dementia Guideline – A copy of the guideline will be emailed out by Martin Robinson. David Wilkinson asked if people to give this some thought for a detailed discussion at the next DST.</li> </ul>	MR ALL
	<ul style="list-style-type: none"> <li>➤ David Wilkinson advised that he will be stepping down as Chair in about 6 months time. The change he feels will give us an opportunity to rethink what DST does and its purpose.</li> </ul>	

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<u>Item</u>		<u>Action</u>
11/50 cont'd	<ul style="list-style-type: none"> <li>➤ Capacity Act – Kevin Page has received an email re raising awareness of the Mental Capacity Act from CSIP. He asked how as an organisation and also within our Directorate we are dealing with this. Martin Robinson thinks that Pat Shirley is dealing with it; he will check that this is the case. Chris Martin advised that he has the lead for the City and thought it would be useful to combine training. They will be advertising shortly for Advocates. Kevin Page will provide information to go out with these minutes.</li> <li>➤ Annual Review – Katherine Barbour advised that she had put together an annual review for the Southampton Locality with contributions from her teams.</li> </ul>	<b>KP</b>
<p><b>Date of the next DST meeting:</b>  <b>18<sup>th</sup> December, 2006, Seminar Room, Tom Rudd Unit, 1.30 – 4.00pm</b>  <b>(lunch will be provided from 1pm)</b></p>		
<p>Future Agenda items:</p> <p><u>18 December 2006</u></p> <ul style="list-style-type: none"> <li>• Dementia Protocol – pathways – Gwyn Grout</li> <li>• Dementia Guideline</li> </ul> <p><u>29<sup>th</sup> January 2007</u></p> <ul style="list-style-type: none"> <li>• To report back on the CBT Strategy Development Group – Gwyn Grout</li> <li>• To discuss Information Analysis for Hampshire OPMH Strategy – David Higenbottam</li> </ul> <p><u>26<sup>th</sup> February 2007</u></p> <ul style="list-style-type: none"> <li>• To provide feedback on Pilot Scheme re CHOICE – Vicky Banks &amp; Katherine Barbour</li> </ul>		

